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Australian Breastfeeding Association

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*In this booklet your baby is referred to alternately
as she and he; her and him.*

Cover photo courtesy of Robyn Dwyer

***The Australian Breastfeeding
Association began in 1964 when six
young mothers saw the need for more
accessible breastfeeding knowledge.
Since then the Association has grown
Australia-wide, with volunteers
running local groups in most areas.***

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